

WRITING RECIPES - Vocabulary:

- **roast:** (*rotir*) to cook food, e.g. meat or potatoes, in an oven using oil or added fat
- **fry:** (*faire frire*) to cook food in hot oil or butter over a heat source
- **boil:** (*faire bouillir*) to cook food in boiling water
- **add:** (*ajouter*) to put something with something else
- **peel:** (*éplucher*) to remove the skin from a fruit or vegetable
- **chop:** (*hacher*) to cut food into small pieces
- **preheat:** (*préchauffer*) to heat a cooker to a certain temperature before putting food inside
- **serve:** (*servir*) to distribute food or drinks
- **stir:** (*mélanger*) to mix a liquid or sauce with a tool such as a wooden spoon
- **squeeze:** (*presser*) to press something, e.g. a lemon, with your hands to get the juice from it
- **heat up:** (*faire chauffer*) to make something hot

Recipe 1: Duck with orange and honey sauce

INGREDIENTS:

- 1 duck
- 4 tablespoons of oil
- 1 carrot, 2 onions, 3 oranges
- 2 teaspoons of honey
- parsley, pepper, salt

METHOD *Complétez le texte avec les verbes ci-dessus :*

.....1 **the oven to 190 °C. Firstly,**2 **and**3 **the carrot and the onion into small pieces.**4 **the oil in a pan and**5 **the vegetables for about 10 minutes.**

When they are ready, place them with the duck in a roasting tin and put it in the oven.

.....6 **the duck for about 1 hour and 15 minutes.**

Next, 7 **the juice from the oranges and mix it with the honey. Add this to the duck and serve with vegetables of your choice.**

Recipe 2: Spaghetti with marinara sauce

INGREDIENTS:

- 250g spaghetti
- 2 tablespoons of olive oil
- 1.5 cans of chopped tomatoes
- chopped garlic and onion
- parsley, pepper, salt

METHOD *Complétez le texte avec les verbes ci-dessus :*

In a large saucepan,1 the onion and garlic in the olive oil for a few minutes.

.....2 the chopped tomatoes, salt, pepper and parsley to the saucepan.

.....3 with a wooden spoon and cook on a low heat for about 30 minutes.

In a large pan,4 the pasta according to the instructions on the packet.

Mix the pasta with the sauce and5 warm.

What do you think of the recipes above?

Would you like to try them out? Why/why not?

Now write your own favourite recipe in English to share with the class.

Answers:

Recipe 1: 1. preheat 2. chop 3. peel 4. heat up 5. fry 6. roast 7. squeeze

Recipe 2: 1. fry 2. add 3. stir 4. boil 5. serve